



ANDRÉS MARTIN, MD, MPH
Riva Ariella Ritvo Professor

November 24, 2019

Lara Morton
Handful Productions
46 Old Post Road
Madison, CT 06443

Dear Lara:

Thank you so much for your recent workshop, 'Improv(e)verything'.

I can tell you that as participants we enjoyed it tremendously and learned a lot.

More importantly, I was delighted at how your presentation addressed exactly the educational needs that our professional actors look for and will benefit from.

Specifically, your workshop was able to hit the right balances between fun and education; of relevance to professional actors and to others; and of learning to doing. Your mantra to say 'Yes, and' is one that I will take to heart, and your exercise of role playing using only questions or only statements has already influenced the way that I conduct myself in meetings. In brief, you were not only helpful and fun, but your impact was immediate and will be enduring: bravo!

I look forward to learning more from you and would be delighted to see your work being made available to so many others who could benefit from it. In the acting world, for sure, but of relevance to essentially all of us, whatever it is that we do. We should all embrace your invitation to be playful, legitimate, and to always say 'Yes, and'.

With best wishes for Thanksgiving and the holidays,

Andrés Martín, MD, MPH
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